

The aim of this newsletter is to keep you, the resident updated on happenings at Silver Oaks Lodge. All contributions from residents and staff are welcome.

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What's on during October / November 2011?

October

- 21st Big Walk at Vonke - give your name to Ruth
 26th Strawberry Festival – Outside if weather permit

November

- 5th **Mini Fete**
 15th Residents Forum meeting
 18th **Hobo Lunch** in Primrose dining room –
 all residents to dress as hoboos

- Monday: 11:00 Bible Study
 11:00 Walk in park
 Tuesday: 09:00 Games and Carpet Bowls
 10:00 Knitting Circle
 14:00 Art Group
 Wednesday: 11:00 Music Hour
 Afternoon: Riaan the fruit man
 Thursday: 09:00 Exercise
 10:30 Walk
 14:00 Library every second week
 Friday: 9:00 Carpet Bowls
 14:15: DVD/Video show



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FAMILY AND
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BIRTHDAYS

18 Oct P Nicholson
19 Oct D Sapsford
6 Nov H Wishart

8 Nov C Bownes
10 Nov D de Jager
25 Nov I Kerkstra
22 Nov B Boshoff

Enjoy your day!

RESIDENTS CONTRIBUTION

Ever wondered where the sayings such as Red Herring and White Elephants came from? We will have a series of these explanations over the next few months:

“In the Limelight” implies being at the centre of attention.

Limelight is an intense white light which is produced by heating a piece of lime in a flame of burning oxygen and hydrogen. The effect was discovered in the 1820s by Goldsworthy Gurney and the application of the process (to create a bright light) was developed by Thomas Drummond around 1825. It was widely used in 19th century theatres to illuminate the stage and was first used in a public theatre at *Covent Garden* in London in 1837.

Clearly it was actors who were the centre of attention on stage, thus being said to be *in the limelight*. The figurative use outside the world of theatre came into being around the turn of the 20th century. For example, this piece from *The New York Times*, July 1902:

“William S. Devery was in the limelight last evening. Tens of thousands of people of the district crowded the streets in the neighborhood and shouted the name of the ex-Chief of Police of New York.”

Please submit your suggestions for the next phrase you would like to have explained.

DID YOU KNOW?

The words 'racecar,' 'kayak', and 'level' are the same whether they are read left to right or right to left (palindromes).

There are only four words in the English language which end in "dous": tremendous, horrendous, stupendous, and hazardous

"Dreamt" is the only English word that ends in the letters "mt".



...DARLINGS UPDATE.....

Benefits of using vermicompost:

What is vermicompost? An earthy-smelling, nutrient-rich humus or worm compost, worm humus or worm manure. It is the organic manure produced by earthworms.

Benefits:

1. Allows the housewife to recycle food scraps and garden waste into compost;
2. It is not expensive to start a worm farm and there are no real overheads;
3. No need to buy any food for the worms because kitchen leftovers are always available;
4. It is ideal in townhouses with little or no yard space.

From: Goodbugs
by Charl Pienaar and
Dora du Plessis

Time for a laugh



GET TO KNOW THE STAFF

- Name:** Fred Davids
Nickname: WP
Birth date: 21 November
Work history: In the employ of the Society for 10 years. Before that I worked for Somchem.
Do you have children? Yes, 3 daughters aged 20, 25, and 31.
What do you do in your free time? I love to go to church and am busy learning how to play the guitar. I also do some gardening.
Favorite food: On Sundays I love braaivleis with salads.



Freddie taking part in the Ross Magill Concert's Fashion Show

12 OCTOBER SPRING FLOWER COMPETION

What a spectacular show of flowers! All the participants enjoyed themselves very much and although I was unable to be there, the photos show only joy and contentment.

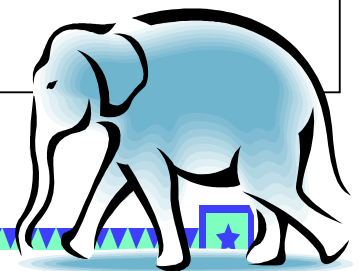
Residents also chose names for their creations and we had titles such as Mixed Garden, Sunshine, Summer Blossom, Four Seasons, Purple Range, Fancy Face, Inker Pinker, Pretty Posey, Tin of Memories, and many more.

The photos have also been compiled into a DVD with music and it is a pleasure to watch. This will be shown in the Cosmos and Lavender Lounges and those interested are welcome to order one at a cost of R10.

WHITE ELEPHANT

We wish to encourage all residents and their family to make use of the warmer weather to do some spring cleaning. Please donate all your unwanted items to Silver Oaks Lodge. Items will be sold at our Fete on 5 November.

We welcome all your stuff!!!



Welcome to all our new
"Okes"

Mrs GC Carey
Mr P Hatherell
Mrs M Wills

May you feel at home with us!