



Helderberg Society for the Aged

Leaders in care-free retirement living



Primrose

Primrose, a wing of Silver Oaks Lodge in Reitz Street, consists of 20 large and small en-suite bedrooms, all looking onto a sunny enclosed garden.

All meals are prepared in the well-appointed kitchen and our competent staff attend to your laundry needs.

To enhance your lifestyle, daily activities like exercise classes, bridge games, creative crafts and occupational therapy are offered to keep you in good shape.

A few words from the Manager:

Special services we offer:

Our monthly newsletter, 'Silver Okes' keeps the residents and staff up to date on what is happening in the Home and is a forum for all to share: stories, puzzles and funnies. This can be emailed to families here and overseas upon request.

Some of our activity groups are involved with community projects, eg making teddy bears for the SAPS's traumatised children's project.

We have a strong team of people, committed to the care of the Elderly. All staff are offered the opportunity to learn new skills and are always ready to participate in activities, concerts and special events with the residents.



Contact Details:

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